

Breakfast Served 7 Days a Week



All menu items are prepared fresh to order.
We appreciate your patience.

Healthy Starts to Your Day

- Honey Greek Yogurt Bowl** - \$4.25 / with bananas and berries \$6.25
with berries only \$7.25
- Fresh Fruit Cup**- bananas and berries \$5.25 / berries only \$6.25
- ½ Fresh Grapefruit** - \$3.25
- Steel Cut Oatmeal**- with brown sugar \$5.25 / with brown sugar and bananas \$6.75
- Cereals**- Rice Krispies / Cheerios / Corn Flakes \$4.75
- *California Breakfast Bowl**- chick peas / smashed avocado / quinoa tabouli / and pickled cabbage over arugula- two eggs your way \$12.25 *add bacon \$3.25

*Syrupy Tales

Served with our own cinnamon brown sugar syrup and powdered sugar / Local maple syrup also available \$2.50

- *Challah French Toast**- two Slices 7.25 or three slices \$9.25
- *Bruleed**- caramelized goodness \$9.25 | \$11.25
- *MalTED Belgian Waffle**- one \$7.25 or two \$9.25
- *Stars & Stripes**- strawberries / blueberries / bananas / fresh whipped cream \$9.25 | \$11.25
- *Italy**- Nutella / bananas / fresh whipped cream \$9.25 | \$11/25
- *Little Waffle in the Hen House**- Half waffle / two eggs your way / choice of bacon or sausage patties /choice of home fries or cheddar cheese grits \$11.25
- *Buttermilk Pancakes**- two \$7.25 or three \$9.25
- *Deluxe**- topped with two slices of bacon and runny sunny egg \$9.50 | \$11.75
- *Blueberry**- fresh blueberries / blueberry coulis \$9.25 | \$11.25
- *Banana Chocolate Chip**- \$9.25 | \$11.25
- *S'mores**- graham cracker crumbs / marshmallow fluff / chocolate chips / chocolate drizzle \$9.25 | \$11.25

*The Art of Hollandaise

Eggs Benedict served traditionally with hollandaise sauce and two poached eggs or "chef style" with two fried eggs and choice of home fries, cheddar cheese grits or a simple salad with pomegranate vinaigrette

- *The Original**- Canadian bacon / English muffin \$12.25
- *Smoked Salmon**- tomatoes / onions / potato latke \$15.25
- *Corned Beef Hash**- peppers / onions / potatoes /griddled cornbread \$14.25

*Hash It Out

with choice of toast plus two eggs your way

- *Crispy Corned Beef**- freshly made with peppers / onions / potatoes \$13.25
- *Roasted Vegetable Hash**- roasted root vegetables / beets / spinach / chickpeas / arugula pistou \$12.25

*Eggs 101

- *2 eggs your way** and choice of English muffin or toast \$6.25
Add to above: home fries, cheddar cheese grits or side salad \$9.25 / Add to above: choice of \$3.25 breakfast meat \$12.50

***Kids** (available for kids under 10 years of age / not for take out)

- *Pancake**- with strawberries and powdered sugar \$4.25
- *Waffle**- with strawberries and powdered sugar \$4.25
- *Fried Egg Sandwich** - American cheese on English muffin \$4.25
- Yogurt and Fresh Fruit**- \$4.25
- *French Toast**- with strawberries and powdered sugar \$4.25
- *Little Big Breakfast**- 1 Pancake / 1 egg / bacon or sausage / home fries \$6.25

*The World of Eggs

may also be prepared with egg whites only - \$1 extra

- *3-Egg Omelets**- Served with choice of home fries, cheddar cheese grits, side Caesar or Market salad with pomegranate vinaigrette (or sub fresh fruit cup +2.25) and choice of 7 grain, rye, Challah, Pullman white, griddled corn bread (all made in our bakery) or English muffin / substitute gluten free bread \$1.25 extra

Name Your Own- \$12.25 Choose up to three of the following fillings:

- *Protein choices**- turkey or regular bacon / Canadian bacon / sausage / ham / chorizo / chicken sausage / smoked salmon (2 oz \$6.25 extra)
- *Cheese choices**- cheddar / American / Swiss / feta / habanero jack / provolone / cream cheese / goat (+ \$1)
- *Vegetable choices**- spinach / tomatoes / red peppers, green peppers / onions / mushrooms / broccoli / pickled jalapenos / smashed avocado +\$2.25

***Signature Combination Choices** \$13.25

- *New Mexico** - chorizo / pico de gallo / roasted poblanos / jalapeno jack cheese / cilantro crema drizzle
- *Parisian**- fresh herbs / goat cheese / spinach / tomatoes
- *Denver**- green peppers / onions / ham / cheddar cheese
- *Farmer's**- sausage / bacon / onions / red peppers / diced tomatoes / cheddar cheese
- *California**- egg whites / smashed avocados / mushrooms / bell peppers / cream cheese
- *Southwestern Veggie**- arugula / fresh spinach / fresh diced tomatoes / queso fresco- topped with pico de gallo and fresh cilantro

- *Loaded Home Fry Bowls**- a bowl of our famous home fries topped with ingredients from one of our signature combination omelets above plus two eggs your way on top / choice of toast \$13.25

- *The Kitchen Sink Skillet**- home fries topped with scrambled eggs, sausage / ham / peppers / tomatoes, mushrooms / onions - covered with Monterey Jack cheese and crisp bacon / choice of toast \$14.25 no substitutions!

*Two Egg Sammies

served as below or choice of English Muffin, fresh griddled roll, or griddled whole wheat tortilla wrap

- *BPK Favorite**- crispy bacon / spinach / griddled tomatoes / cheddar cheese / sriracha aioli / toasted bagel \$8.25
- *The Corner**- (no eggs) smoked salmon / tomatoes / onions / cream cheese / mustard sauce / toasted bagel \$10.25
- *Classic**- ham, bacon or sausage / American cheese / English muffin \$6.25

*South of the Border – corn tortillas available upon request

- *Huevos Rancheros**- vegetarian refried beans / ranchero sauce / pico de gallo / sour cream / queso fresco / two eggs your way / served over a griddled whole wheat tortilla \$11.25
- *Don Juan**- chorizo / bacon / queso fresco / home fries / pico de gallo / sour cream / two eggs your way / served over a griddled whole wheat tortilla \$13.25

*Blue Plate Specials

- *Latke & Eggs**- two eggs your way / potato Latke / apple sauce / sour cream \$11.25
- *Avocado toast**- two eggs your way / smashed avocados / pico de gallo/pickled onions / feta cheese / arugula / over griddled 9 grain toast \$11.25 / add smoked salmon +\$6.25
- *Big Breakfast**- two eggs your way / pancake / bacon / sausage patty / home fries or cheddar cheese grits / choice of toast \$14.25 add one piece of French toast +\$3.25
- *Steak Chimichurri n' Eggs**- red and green chimichurri sauce / fresh cilantro / home fries or cheddar cheese grits / choice of toast \$17.25

More

*Thoroughly cooking meats, poultry, seafood, shellfish or eggs reduces the risk of food borne illness - items are asterisked / Please inform your server if any member of your party has a food allergy prior to ordering. A gluten free menu is available.

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*Fixins

***Two Eggs Your Way**- \$4.25 / additional eggs \$2.25 each

***Protein**- smoked bacon / griddled turkey bacon / griddled Canadian bacon / griddled ham / sausage patties \$3.25 / Bogner chicken sausage links \$4.25 / chorizo link \$4.25 / smoked salmon 2 ounces \$6.25 / Seared Tofu \$4.25

***Bacon Deluxe**- wood smoked thick cut bacon by Adolph's of Hartford - baked with brown sugar, black pepper and cayenne / maple syrup drizzle \$5.25 (sub for regular smoked bacon +\$2)

Breads- Rye, 7 grain, Challah, Pullman white or English muffin \$2.25 / griddled corn bread or gluten free bread (separate toaster) \$3.25 (all made in our bakery except English muffin and gluten free toast)

Toasted Lox Stock Bagels - choice of plain, sesame or everything \$2.25 / with cream cheese \$3.25

Smashed Avocados- \$2.25

***Giant Blueberry Muffin**- griddled \$4.25

***Side of Hash**- corned beef or roasted vegetables \$6.25

***Home Fries**- with onions / prepared with bacon lard \$3.25 / Vegetarian \$3.25

***BPK Loaded Home Fries**- topped with bacon, chives & cheddar \$5.25

***Cheddar Cheese Grits**- \$3.25 / with bacon crumbles \$5.25

Side Caesar or Market Salad- \$5.25 (no charge if ordered with a breakfast entree in lieu of home fries or cheddar cheese grits)

***Crispy Potato Latkes**- pancakes / applesauce / sour cream \$7.25

Local Maple Syrup- \$2.50

Nutella- \$2.25

Beverages

Hot- Bottomless Cup of Premium Brioni Coffee / decaf / tea (hot or cold) \$3.25; espresso / Americano \$3.75; latte / cappuccino / mochaccino \$4.75

Fresh Squeezed Juices- orange \$4.75 / grapefruit \$4.75

Other Juices: Tropicana orange / grapefruit / apple / pineapple / tomato / cranberry \$3.75

Milk- skim / whole / chocolate / strawberry / \$3.25 almond \$4.25

The Usual Sodas- \$3.25

Brunch Cocktails

Mimosas

made with Monvin Prosecco - on TAP!
9.25

Le'Stroma

Strawberry syrup / lemonade

The Escape Mimosa

Coconut rum / pineapple juice / lime

Ct 76

Gin/ lemon juice / simple syrup / elderflower

Not Sorry Plum Sake Mimosa

Plum Sake / cucumber

The Elderflower

St. Germain Elderflower liqueur

Carafe of Mimosas 29.25

(22 oz) - any of the above

The Classic 8.25

Choice of fresh orange juice or fresh grapefruit juice or pineapple juice

Bloody Marys

Lime squeeze garnish
9.25

Sweet Baby Rays

BBQ sauce / rye / BPK bloody mix

Bloody Mary Mule

Vodka / fresh lime / ginger beer / BPK bloody mix

Another Bloody Beer

Naughty Nurse amber / fresh lime / BPK bloody mix

Sriracha Jalapeño

Tanteo jalapeño tequila / BPK bloody mix

The Sampler 16.25

Any combination of four (5 oz each)

The Classic 8.25

Vodka / BPK bloody mix

Happiest Hour

At the Bar Top, Bar Tables and Patio

Monday thru Friday 3-7 p.m.

Sunday 4 p.m. to Close

Draft beers from 2.25 / Draft wines 5

Classic Cocktails 5

Bar Bites 3.25

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